

Abortion Recovery Ministry

In 1971, I was 17. I found out I was pregnant and I knew somehow that my mom would make me get an abortion. It was illegal in the state of Illinois at that time but there were still doctors that performed that deadly act. I thought there was only one kind of abortion and that you could only get one if you were 3 months and under. So, I decided to wait until I was 4 months so that I could have my baby. I didn't believe in abortion. It was murder. I wanted my baby to live. After I was 4 months pregnant, I told my pastor who helped me tell my parents. My mom said you are getting an abortion. That's when I found out that my pastor helped other women in the church get abortions and I felt betrayed. They took me to a doctor who after seeing me decided I was too far gone and he didn't want to have anything to do with me. "Good," I thought. Now, I'll be able to have my baby." Unfortunately, I found out there was more than one kind of abortion. My dad and I flew to New York where it was legal. I went to a hospital. It was Good Friday. The doctor inserted a needle of saline solution into my abdomen. My baby would be burnt and have convulsions and die. On Saturday night, I went through labor and in the wee hours of the morning, 2:30am Easter morning, I delivered my dead baby girl. That was the most traumatic event I had ever gone through. I would go through guilt and shame for the next 20+ years. I had no one to talk to and I suffered in silence. I felt that God wanted nothing to do with me and I was going to Hell. But, God was patient with me and He taught me about repentance and forgiveness. During my journey, my friend became a Director of a Crisis Pregnancy Center. She was always asking me to volunteer, but I was too busy working. She also told me about an abortion recovery that I could go through. But by this time I thought I was ok. But, I wasn't. I had buried so much of the past by then. Finally, God got a hold of my heart and I ended up volunteering for a Crisis Pregnancy Center in another state. I went through the Abortion Recovery Bible Study – Forgiven and Set Free. I then became a Facilitator for the Abortion Recovery Ministry. God had healed me of my guilt and shame.

Everyone who has gone through an abortion experiences it differently. Many struggle with sadness, guilt, shame, and anxiety along with anger and depression. These symptoms can leave one feeling isolated, alone, and stuck not knowing where to turn to help. If you or someone you know is struggling with a past abortion, Abigail's Women Center is here to help with a Bible Study Support Group that is FREE and Confidential. A group will be starting soon. Call Abigail's at 877 954 HOPE (4673) or 815 538 3044 to sign up for the class so you can be Forgiven and Set Free too.